## Switch to Prepared Elementary & Middle School Checklist

Elementary School
Beginning to plan for college in elementary school may seem early, but we assure you it is not. We find that establishing routines while children are just getting started in their educational journey helps set them up for success.
CREATE A DAILY SCHEDULE
Allow time for eating, homework, fun and sleep
ADD SCHOOL CALENDAR DATES ON FAMILY CALENDAR
You will be less likely to miss important deadlines, special events or other non-regularly scheduled functions
Middle School
Middle School is where students begin having more academic choices. Becoming more involved in extracurricular activities and the community may help your child discover their passion and, possibly, their future career. It takes the cooperation of parents and students to ensure goals are met.
MAKE A COMMITMENT TO SUCCEED IN SCHOOL AND ATTEND HIGHER EDUCATION
Set academic goals as a family to include good attendance, sleep and developing good study habits
TAKE CHALLENGING COURSES
<ul> <li>Enroll in appropriate or special curriculum options that will prepare the student to take college-ready courses in high school</li> </ul>
BEGIN AN ACTIVITY LOG
<ul> <li>Track any volunteering/extracurricular activites and keep a log of hours spent</li> <li>Save this information for future applications to schools and scholarships</li> </ul>
PARTICIPATE/VOLUNTEER IN SCHOOL, COMMUNITY, ORGANIZATIONS AND CLUBS
Track on Activity Log
EXPLORE CAREER POSSIBILITIES BY GETTING INVOLVED IN PROJECTS
Track on Activity Log

START/CONTINUE SAVING FOR HIGHER EDUCATION

• Meet with our team at Envista to develop a savings plan Use available resources to help you reach your goals

## Switch to Prepared Elementary & Middle School Checklist

Parents	
Here are a few things to remember as you help your child navigate their pre-higher education years.	
BE INVOLVED IN CHILD'S LIFE, BOTH ACADEMICALLY AND SOCIALLY	
Attend all parent events, regularly check school's website and stay on top of teacher communications	
ENCOURAGE A HEALTHY LIFESTYLE	
• This includes healthy eating and sleep habits as well as participation in school and extracurricular activities	
BE A GOOD LISTENER	
Recognize the changes your child will experience during these years	
ALLOW YOUR CHILD TO DEVELOP THEIR PERSONALITY	
While you want to support your child, it is equally important they develop problem-solving skills	
SET A GOOD EXAMPLE	
If school isn't important to you, then it likely won't be important to your child	
ASK FOR HELP	
<ul> <li>Planning for higher education can feel overwhelming. And while it may feel far away, your child will graduate before you know it. Our team at Envista can help you along the way. For more information or to schedule an appointment</li> </ul>	

Visit envistacollegeroadmap.com